

***FIVE***

**RETIREMENT**

**MISTAKES**

***TO AVOID***



# YOUR LIFE NEEDS A ROADMAP.

**THAT'S WHERE WE COME IN.**

**Whether you're 25 or 55, if you don't have retirement on your radar, you might speed through life and run right into it.**

Planning for your retirement can be overwhelming and probably a little bit scary. We get it. But this is what we do, and we'd like to think we're pretty good at it. Our goal is to help our clients plan for their ideal futures, and we want to do the same for you.

**Through the years, we've identified five common mistakes people often make before they hit retirement. Do any of these sound familiar?**



1

**You don't have a fully mapped-out retirement strategy.** Or maybe you do, but you haven't updated it in five years. You know the saying: If you don't know where you're going, how will you know when you get there? Having a strategy can help you know where you're going — if that strategy is up to date. With fluctuating market conditions and possible changes to your financial situation, we recommend reviewing and, if necessary, updating your retirement income strategy at least every three years.

2

**You're living beyond your means, contributing little or nothing to the savings you'll need after your paychecks stop.** One of the keys to good retirement income planning is having a budget and sticking to it.

3

**You are under the impression you will be healthy forever — and therefore may be ignoring the cost of health care in retirement.** At the very least, you're likely underestimating what your future medical costs might be. It's estimated that a 65-year-old couple who retired in 2024 will need to have approximately \$330,000 saved (after tax) for health care costs in retirement.<sup>1</sup>

4

**You aren't saving enough to account for inflation.** The value of the dollar constantly changes — but you probably already know that from your trips to the grocery store. These increases, along with the other potential impacts of inflation, should be factored in when planning your financial future.

5

**You haven't planned for the possibility of long-term care.** It's estimated 70% of those age 65 or older will require long-term care at some point in their lives.<sup>2</sup> As of 2024, the national average cost of a private nursing home was \$127,750 per year.<sup>3</sup>

If you identified with one or more of these, you're probably not alone! These are the kinds of issues we help people address every day. That's not to say your issues are similar to everyone else's — because they're not — but it's important to know you aren't alone.

If you're looking for a cookie-cutter retirement strategy, you won't find that here. We take pride in treating all of our clients as individuals. So, take the first step in learning more about us. Once you realize the necessity for a lifelong retirement income strategy, we will gladly sit down with you to start creating your customized roadmap.

The first step toward your retirement goals is to start thinking about it now. Maybe the age at which you plan to retire is far away, or maybe it's closer than you want to admit. It doesn't matter. The fact is that people are living longer than ever before, which means their savings need to last longer than ever — at least 20, 30 or possibly even 40 years. Saving and planning for retirement income should be high priorities.

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**Don't overlook these common retirement mistakes. Let us help you prepare for a more confident retirement.**

<sup>1</sup>Fidelity. Aug. 8, 2024. "Fidelity Investments" Releases 2024 Retiree Health Care Cost Estimate as Americans Seek Clarity Around Medicare Selection." <https://newsroom.fidelity.com/pressreleases/fidelity-investments--releases-2024-retiree-health-care-cost-estimate-as-americans-seek-clarity-arou/s/7322cc17-0b90-46c4-ba49-38d6e91c3961>. Accessed July 23, 2025.

<sup>2</sup>Lindsay Modglin. SingleCare. April 8, 2025. "Long-term care statistics 2025." <https://www.singlecare.com/blog/news/long-term-care-statistics/>. Accessed July 23, 2025.

<sup>3</sup>Genworth | CareScout. "Calculate the cost of long-term care near you." <https://www.carescout.com/cost-of-care>. Accessed July 23, 2025.





**OUTLOOK**  
WEALTH ADVISORS, LLC

224 Ed English Dr., Ste A  
The Woodlands, TX 77385  
[info@outlookwealth.com](mailto:info@outlookwealth.com)  
281.872.1515  
[www.outlookwealth.com](http://www.outlookwealth.com)

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